

SPORTS MEDICINE & EXERCISE SCIENCE

CAREER ROADMAP

MCCC CAREER MAJOR

REQUIRED COURSES

Exercise and Athletic Training
Fitness Evaluation and Assessment
Athletic Injuries and Prevention
Nutrition and Wellness

COLLEGE CREDIT

Students have the opportunity to earn college credit in this program.

GOALS

Earn High School Diploma
Earn Industry Certifications

MCCC INDUSTRY CERTIFICATIONS*

National Academy of Sports Medicine CPT
Child Abuse and Prevention
OSHA 10-HR General Industry
CPR / First Aid
Stop the Bleed
Pre-Apprenticeship (ApprenticeOhio)

JOB PLACEMENT | INTERNSHIPS

Health and Wellness Facilities
Strength and Conditioning
Coaches
Personal Trainers

TECHNICAL CAREERS

ASSOCIATE DEGREE

Sport and Exercise Studies
Physical Therapy Assistant
Occupational Therapy Assistant
Massage Therapy
Dietetic Assistant
Respiratory Therapy

ADVANCED CERTIFICATIONS

Certified Personal Trainer
Group Fitness Instructor
Health Coach
Bachelor Degree Required
Certifications:
Certified Strength & Conditioning Specialist
Medical Exercise Specialist
Nutrition Specialist

JOBS WITH WORK EXPERIENCE & ASSOCIATE DEGREE

Personal Trainer
Group Fitness Instructor
Health Fitness Specialist

PROFESSIONAL CAREERS

BACHELOR DEGREE*

Exercise Science Study Tracks:
Pre-Physical Therapy
Pre-Physician Assistant
Corporate Wellness
Clinical Exercise Physiology
Health and Human Performance
Nutrition Science

MASTER DEGREE*

Athletic Training
Exercise Physiology
Public Health
Occupational Therapy

DOCTORAL DEGREE*

Health and Human Performance
Physical Therapy
Doctor of Chiropractic Medicine

EXTENSIVE WORK EXPERIENCE*

Health and Wellness Supervisor/Coordinator
Physical Therapist
Occupational Therapist
Athletic Trainer
Exercise Physiologist
Recreational Therapist
Sports Dietitian

*Examples only. Degrees and work experience options are extensive.

*Students who meet certification criteria will have the opportunity to test in their CT program.

