

Food Allergy Assessment Form – **TO BE COMPLETED BY PARENT(S)**

Is your student's food allergy life threatening? \_\_\_\_\_

**Circle/list the foods that have caused an allergic reaction:**

Peanuts

Peanut or nut butter

Peanut or nut oils

Tree nuts (walnuts, almonds, pecans, etc)

Fish

Soy Products

Shellfish

Milk

Eggs

Please list any others: \_\_\_\_\_

How many times has your student had a reaction? \_\_\_\_\_

When was the most recent: \_\_\_\_\_ Did you seek medical attention? \_\_\_\_\_

Are the reactions:      staying the same      getting worse      getting better

How quickly do symptoms usually occur after exposure? \_\_\_\_\_

What has to happen for your student to react? Please circle all that apply.

Eating foods

Touching foods

smelling foods

Other: \_\_\_\_\_

Does your student understand how to avoid foods that cause reactions? \_\_\_\_\_

What treatment has your doctor recommended for use in a reaction? \_\_\_\_\_

Does your student know how to use the treatment? \_\_\_\_\_

Will you be providing the school with medications to use in case treatment is needed? \_\_\_\_\_

**Circle all that apply:**    Epi pen      Antihistamine      Inhaler      Other: \_\_\_\_\_

What would you like us to do at school to help your student avoid problem foods? \_\_\_\_\_

Is there anything else you would like our staff to be aware of regarding your student's allergies:

\_\_\_\_\_  
Parent signature/Date

\_\_\_\_\_  
Reviewed by School Nurse/Date

**\*\*\*PARENTS ARE RESPONSIBLE FOR PROVIDING ALL NECESSARY  
MEDICATIONS, INCLUDING EPI PENS AND ANTIHISTAMINES, TO THE  
CLINIC IN A TIMELY MANNER\*\*\***



American Academy of  
Allergy Asthma & Immunology

www.aaaai.org

## Anaphylaxis Emergency Action Plan

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_

Allergies: \_\_\_\_\_

Asthma ☐ Yes (*high risk for severe reaction*) ☐ No

Additional health problems besides anaphylaxis: \_\_\_\_\_

Concurrent medications: \_\_\_\_\_

	Symptoms of Anaphylaxis
MOUTH	itching, swelling of lips and/or tongue
THROAT*	itching, tightness/closure, hoarseness
SKIN	itching, hives, redness, swelling
GUT	vomiting, diarrhea, cramps
LUNG*	shortness of breath, cough, wheeze
HEART*	weak pulse, dizziness, passing out

*Only a few symptoms may be present. Severity of symptoms can change quickly.*

*\*Some symptoms can be life-threatening. ACT FAST!*

### Emergency Action Steps - DO NOT HESITATE TO GIVE EPINEPHRINE!

1. Inject epinephrine in thigh using (check one): ☐ Adrenaclick (0.15 mg) ☐ Adrenaclick (0.3 mg)  
☐ Auvi-Q (0.15 mg) ☐ Auvi-Q (0.3 mg)  
☐ EpiPen Jr (0.15 mg) ☐ EpiPen (0.3 mg)  
Epinephrine Injection, USP Auto-injector- authorized generic  
☐ (0.15 mg) ☐ (0.3 mg)  
☐ Other (0.15 mg) ☐ Other (0.3 mg)

Specify others: \_\_\_\_\_

**IMPORTANT: ASTHMA INHALERS AND/OR ANTIHISTAMINES CAN'T BE DEPENDED ON IN ANAPHYLAXIS.**

2. Call 911 or rescue squad (before calling contact)

3. Emergency contact #1: home \_\_\_\_\_ work \_\_\_\_\_ cell \_\_\_\_\_

Emergency contact #2: home \_\_\_\_\_ work \_\_\_\_\_ cell \_\_\_\_\_

Emergency contact #3: home \_\_\_\_\_ work \_\_\_\_\_ cell \_\_\_\_\_

Comments: \_\_\_\_\_

\_\_\_\_\_  
Doctor's Signature/Date/Phone Number

\_\_\_\_\_  
Parent's Signature (for individuals under age 18 yrs)/Date



Melanie Queberg RN, BSN

## MEDINA COUNTY CAREER CENTER

### Authorization for the Administration of Over-The-Counter Medication by School Personnel

Student Name

Date of Birth

Address

Student's Program

Student's Instructor

Grade

### PARENT/ GUARDIAN SECTION

We the undersigned request that the specified over-the-counter medication be administered to our child. We understand that the administration of this medication will be done under the supervision of a member of the school staff.

We further understand that the school personnel are not legally obligated to administer medication to any child. Therefore, we agree that the school district and its employees are free from any and all responsibility for the results of such medication or the manner in which it is administered.

We will notify the school immediately if we change or terminate the use of this medication for any reason.

Signature of Parent

Date

Home Phone Number

Work Phone Number

Medication must be provided in the original container (bottle). The dosage from the parent cannot exceed the dosage on the label.

Diagnosis for which medication is prescribed

Medication

Strength

Dose

Time Medication is to be Taken

Administration Start Date

Cease Date

Instructions or precautions, including possible side effects and storage:



Ohio Department of Health

## Authorization for Student Possession and Use of an Epinephrine Autoinjector

In accordance with ORC 3313.718/3313.141

**A completed form must be provided to the school principal and/or nurse before the student may possess and use an epinephrine autoinjector to treat anaphylaxis in school.**

Student name
Student address

**This section must be completed and signed by the student's parent or guardian.**

*As the Parent/Guardian of this student, I authorize my child to possess and use an epinephrine autoinjector, as prescribed, at the school and any activity, event, or program sponsored by or in which the student's school is a participant. I understand that a school employee will immediately request assistance from an emergency medical service provider if this medication is administered. I will provide a backup dose of the medication to the school principal or nurse as required by law.*

Parent/Guardian signature	Date
Parent/Guardian name	Parent/Guardian emergency telephone number (       )

**This section must be completed and signed by the medication prescriber.**

Name and dosage of medication	
Date medication administration begins	Date medication administration ends (if known)
Circumstances for use of the epinephrine autoinjector	
Procedures for school employees if the student is unable to administer the medication or if it does not produce the expected relief	

**Possible severe adverse reactions:**

To the student for which it is prescribed (that should be reported to the prescriber)
To a student for which it is <b>not</b> prescribed who receives a dose
Special Instructions

**As the prescriber, I have determined that this student is capable of possessing and using this autoinjector appropriately and have provided the student with training in the proper use of the autoinjector.**

Prescriber signature	Date
Prescriber name	Prescriber emergency telephone number (       )

Developed in collaboration with the Ohio Association of School Nurses.